



ITINERARY: THE BAHAMAS

SUMMARY:

Relax and enjoy the sun, sand, and the aquatic life at one of the premier luxury resorts in the Caribbean.

- **Trip Length:** 7 Days / 6 Nights
- **Begins In:** Nassau
- **Ends In:** Nassau
- **Highlights:** Atlantis, Paradise Island, Snorkeling Cruise, Historical City Tour, 4 Exhibition Games

DAILY SCHEDULE:

Day 1:

Travel: Arrive Nassau

Guided Group Transfer to Resort

Cities: Nassau, Paradise Island

Highlights: Arrival at Atlantis, Paradise Island

Meals: Dinner

- Depart on your flight from the US to The Bahamas.
- **Welcome to The Bahamas!** Upon arrival in the Caribbean paradise of Nassau, meet your guide and driver for your group transfer to **Atlantis, Paradise Island** for a **welcome meal and orientation**.

Day 2:

Cities: Paradise Island, Nassau

Highlights: Atlantis, Paradise Island, Exhibition Game

Meals: Breakfast, Dinner

- Enjoy the amenities of **Atlantis, Paradise Island** including a waterpark, the world's largest open-air aquarium, 3 white sand beaches, 11 pools, marine exhibits, and movie theater.
- Evening **Exhibition Game** against local collegiate or professional team in Nassau.

Day 3:

Cities: Paradise Island, Nassau

Highlights: Nassau City Tour, Exhibition Game

Meals: Breakfast, Dinner

- **City Tour of Nassau.** See the historic beginnings of the capital of The Bahamas. Explore the historic colonial sites of **Queen's Staircase**, **Fort Charlotte**, and **Fort Fincastle**.
- Evening **Exhibition Game** against local collegiate or professional team in Nassau.

Day 4:

Cities: Paradise Island

Highlights: Snorkeling Cruise, Atlantis, Paradise Island

Meals: Breakfast, Dinner

- Take a relaxing **ocean cruise** and see the gorgeous reefs and aquatic life when the ship drops anchor at three unique locations for you to **snorkel**.
- Evening free at the **Atlantis, Paradise Island**.



DAILY SCHEDULE (cont.):

Day 5:

Cities: Paradise Island, Nassau

Highlights: Atlantis, Paradise Island, Exhibition Game

Meals: Breakfast, Dinner

- Enjoy the amenities of **Atlantis, Paradise Island** including a waterpark, the world's largest open-air aquarium, 3 white sand beaches, 11 pools, marine exhibits, and movie theater.
- Evening **Exhibition Game** against local collegiate or professional team in Nassau.

Day 6:

Cities: Paradise Island, Nassau

Highlights: Atlantis, Paradise Island, Exhibition Game

Meals: Breakfast, Dinner

- Enjoy the amenities of **Atlantis, Paradise Island** including a waterpark, the world's largest open-air aquarium, 3 white sand beaches, 11 pools, marine exhibits, and movie theater.
- Evening **Exhibition Game** against local collegiate or professional team in Nassau.

Day 7:

Travel: Departure from Nassau

Cities: Paradise Island, Nassau

Meals: Breakfast

- Group transfer to Nassau Airport for your departure flight from The Bahamas.



TOUR INCLUSIONS & EXCLUSIONS:

Includes:

- Accommodation throughout tour at the Atlantis, Paradise Island
- All Breakfasts and Dinners (both buffet and a la carte options)
- All transfers and sightseeing with entrance fees
- Local English-speaking guide and national escort
- Private Motorcoach with A/C
- International Flight ticket
- Exhibition Games
- Uniform Laundry
- Insurance
- Pre-Departure Support

Excludes:

- Visa and Passport Fees
- Lunch (can be purchased at the 21 restaurants at the resort)
- Gratuities
- ISIC Card
- Items of a personal nature

This proposal can be modified as per your specific needs

CONTACT:

Will Froehlich, Director
will@interculturalathletics.com
(530) 304-6614