



ITINERARY: COSTA RICA - Azusa Pacific University

SUMMARY:

Take in Costa Rica's stunning natural beauty by hiking through exotic rain forests, bathing in hot springs heated by active volcanoes, and relaxing on gorgeous beaches. Connect with the local population through exhibition games and volunteer activities

- **Trip Length:** 9 Days / 8 Nights
- **Begins In:** San José
- **Ends In:** San José
- **Highlights:** San José, Arenal Volcano National Park, La Paz Waterfall Gardens, Doka Coffee Estate, Sky Adventures, La Fortuna Waterfall, Sarchí Artisan Market, Parade of 'Boyeros', Manuel Antonio National Park, 5 Volunteer Activities, 3 Exhibition Games

DAILY SCHEDULE:

Day 1:

Travel: Arrive San José

English Speaking Guided Group Transfer to Hotel

Cities: San José

Highlights: Arrival in San José

Meals: Dinner

- Depart on your flight from the US to Costa Rica.
- **Welcome to Costa Rica!** Upon arrival in San José, the most cosmopolitan city in Central America, meet your guide and driver for your group transfer to your hotel for a **welcome meal and orientation**.

Day 2:

Cities: San José with English Speaking Guide

Highlights: Volunteer Activity, Volunteer Basketball Clinics, Exhibition Game

Meals: Breakfast

- **Visit/Volunteer Day** at Liceo de Escazú in San José.
- **2 Youth Basketball Clinics**
- Evening **Exhibition Game** against Escazú.

Day 3:

Cities: San José & Grecia with English Speaking Guide

Highlights: La Paz Waterfall Gardens, Doka Coffee Estate, Exhibition Game, Volunteer Basketball Clinic

Meals: Breakfast, Lunch

- Wander through the **La Paz Waterfall Gardens'** 2 miles of trails to visit 5 waterfalls, butterfly observatory, aviary, hummingbird garden, serpentarium, frog exhibit, and orchid garden. Lunch included
- Learn about Costa Rica's most famous export at **Doka Coffee Estate**.
- **Youth Basketball Clinic**
- Evening **Exhibition Game** against Grecia.



DAILY SCHEDULE (cont.):

Day 4:

Travel: Private Motorcoach from San José to Arenal Volcano National Park.

Cities: San José, Sarchí & Arenal Volcano National Park with English Speaking Guide

Highlights: Sarchí Artisan Market, Arenal Volcano, Baldí Hot Springs

Meals: Breakfast, Dinner

- Morning departure by motorcoach from San José to Arenal Volcano National Park.
- En route visit **Sarchí**, Costa Rica's most famous crafts center.
- Hike along the **Arenal Volcano** through the jungle and recent lava flow areas for a spectacular view of the 'Mountain of Fire'.
- Following the hike, spend the rest of the day relaxing at the **Baldí Hot Springs** in its 30 naturally heated pools. The facility includes 3 swim-up bars, 2 waterslides, restaurant, spa, and changing rooms. Dinner included

Day 5:

Cities: Arenal Volcano National Park with English Speaking Guide

Highlights: Sky Adventures

Meals: Breakfast, Lunch

- Explore the wildlife and lush vegetation of the **rain forest** through **Sky Adventures** and its **Hanging Bridges**, safe **Walking Trails, Tram**, and **Zip-Line Tour**. Lunch included.
- Hike to **La Fortuna Waterfall**.

Day 6:

Travel: Private Motorcoach from Arenal Volcano National Park to Manuel Antonio National Park.

Cities: Arenal Volcano National Park, San Ramón & Manuel Antonio National Park with English Speaking Guide

Highlights: Parade of 'Boyeros', Exhibition Game, Volunteer Basketball Clinic

Meals: Breakfast

- Morning departure by motorcoach from Arenal Volcano National Park to San Ramón.
- Explore Parade of 'Boyeros' festival.
- **Volunteer Basketball Clinic** in San Ramón.
- Evening **Exhibition Game** against San Ramón.
- Continue traveling to **Manuel Antonio National Park**.

Day 7:

Cities: Manuel Antonio National Park with English Speaking Guide

Highlights: Manuel Antonio National Park

Meals: Breakfast

- Morning departure by motorcoach from San José to Manuel Antonio National Park.
- Relax on the beach and explore tropical rainforests on Costa Rica's gorgeous coastline at **Manuel Antonio National Park**.

Day 8:

Cities: Manuel Antonio National Park with English Speaking Guide

Highlights: Manuel Antonio National Park

Meals: Breakfast, Dinner

- Relax on the beach and explore tropical rainforests on Costa Rica's gorgeous coastline at **Manuel Antonio National Park**.
- Farewell Dinner.



DAILY SCHEDULE (cont.):

Day 9:

Travel: Departure from San José

English Speaking Guided Group Transfer to Airport

Cities: Manuel Antonio National Park & San José

Meals: Breakfast

- Group transfer to San José Airport for your departure flight from Costa Rica.

TOUR INCLUSIONS:

- Accommodation throughout tour (3 or 4 Star)
- All meals (included as listed or administered Per Diem)
- All transfers and sightseeing with entrance fees
- Local English-speaking guide and national escort
- Private Motorcoach with A/C
- International Flight ticket
- Exhibition Games
- Volunteer Activities
- Travel and Health Insurance
- Gratuities (except bellhops and housekeeping)
- Pre-Departure Support